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**Interpersonal
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Neuroscientific discoveries have begun to illuminate the workings of the active brain in intricate detail. In fact, sometimes it seems that in order to be a cutting-edge therapist, not only do you need knowledge of traditional psychotherapeutic models, but a solid understanding of the role the brain plays as well.

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Being a Brain-Wise Therapist: A Practical Guide to Interpersonal Neurobiology. In fact, sometimes it seems that in order to be a cutting-edge therapist, not only do you need knowledge of traditional psychotherapeutic models, but a solid understanding of the role the brain plays as well. But theory is never enough. You also need to know how to ap.

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I don't believe that Badenoch has answered these questions, and probably cannot without a baseline assessment of the putative brain mechanisms she is putting forward as the playing field of a neurobiological approach to therapy. Brain-wise, certainly, but what then?

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Summary This book, part of the acclaimed Norton Series on Interpersonal Neurobiology, brings interpersonal neurobiology into the counseling room, weaving the concepts of neurobiology into the ever-changing flow of therapy.

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She is the author of *Being a Brain-Wise Therapist: A Practical Guide to Interpersonal Neurobiology* (W. W. Norton, 2008), and is an active member of the Global Association for Interpersonal Neurobiology Studies (GAINS).

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Being a Brain-Wise Therapist by Bonnie Badenoch Having studied deeply and intensely with Bonnie Badenoch, PhD, LMFT, Robyn Gobbel (that's me!!) and Marshall Lyles (www.MarshallLyles.com) are honored to invite you to deep dive into her first book, *Being a Brain-Wise Therapist*.

~~Bonnie Badenoch, Ph.D. PsychAlive~~

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Being a Brain-Wise Therapist: A Practical Guide to Interpersonal Neurobiology (Norton Series on Interpersonal Neurobiology) Liberal use of exercises and case histories enliven the material and make this an essential guide for seamlessly integrating the latest neuroscientific research into your therapeutic practice.

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